

# Plaid Pods

a free embroidery pattern  
brought to you by



copyright 2011 anna maria horner  
visit [annamariahorner.com](http://annamariahorner.com) for more inspiration

\*this free pattern may be used for individual, personal purposes and may not be used in the creation of goods for sale in any quantity





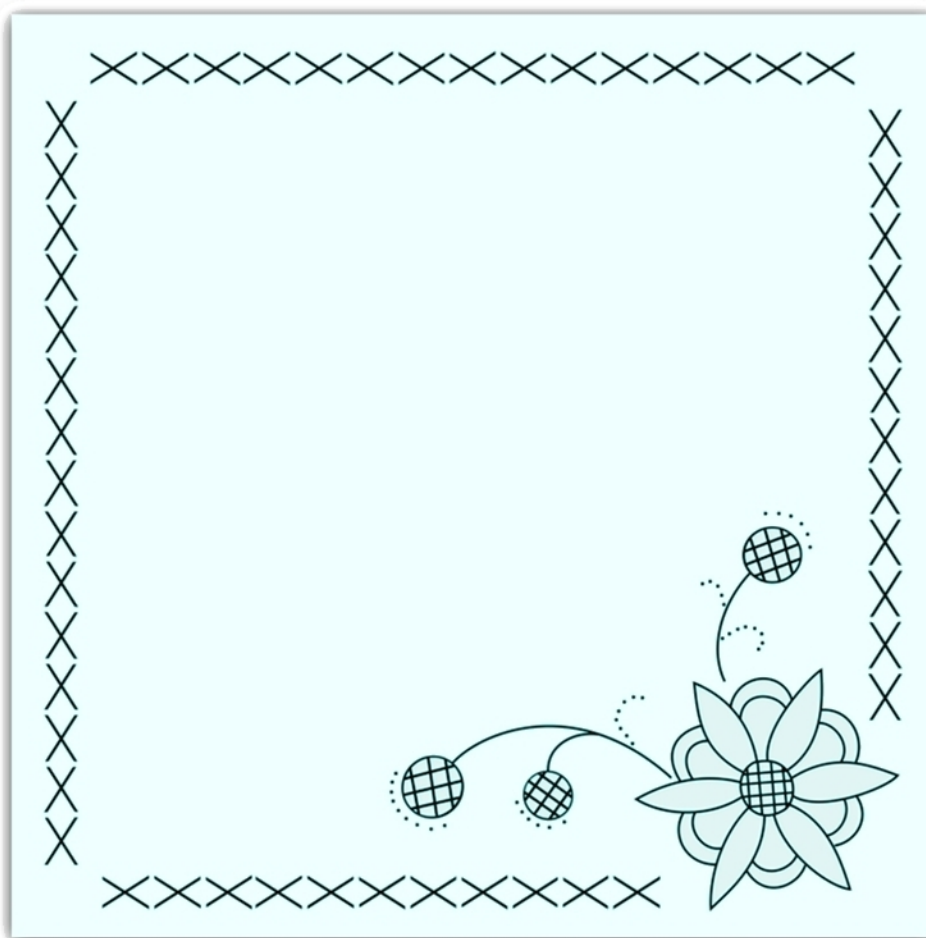
Materials for your table scarf:

- 1 fat quarter "Buoyancy" print /Coral
- 2/3 yd Free Spirit Solid linen /Turquoise
- Embroidery Hoop, Needle & Snips
- Anna Maria's selected Anchor floss in:  
870, 400, 926, 50, 29, 340  
(colors found in Anna Maria Needleworks  
Radiant & Seafaring floss collecitions)



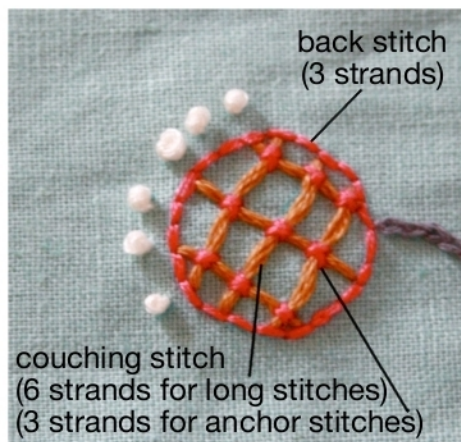
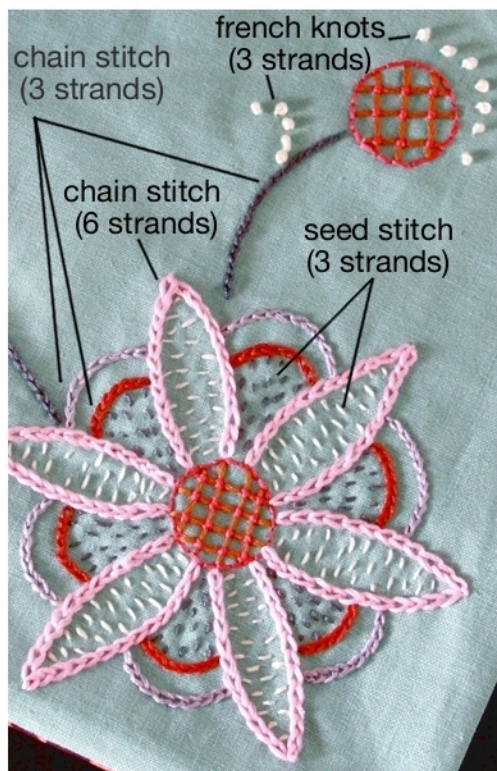


# How to make a Plaid Pods Table Scarf



1. Mark off a 16.5" square on your desired fabric (I used Free Spirit's Linen Solid in Turquoise) using a water soluble fabric pen.
2. Mark a second square within the first that is 1/4" away from the outer square.
3. Trace the design elements from the front page onto your fabric inside the inner square. Refer to the layout at left for placement (or create your own arrangement). Do keep your design elements free of the inner square lines by at least 1/4" or more.
4. Leaving about 6-8" of border around the outer square lines, trim your fabric to prepare it for embroidery.
5. Embroider your design, using some of the design tips below.
6. Cut the finished embroidery on the outer square lines, then cut a printed fabric to the same size.
7. With right sides together and using a 1/4" seam allowance, sew the printed square to the embroidered square around the perimeter leaving a few inches open to turn.
8. Turn right side out, folding corner seam allowances in neatly, and blind stitch the opening shut. Press well and enjoy!

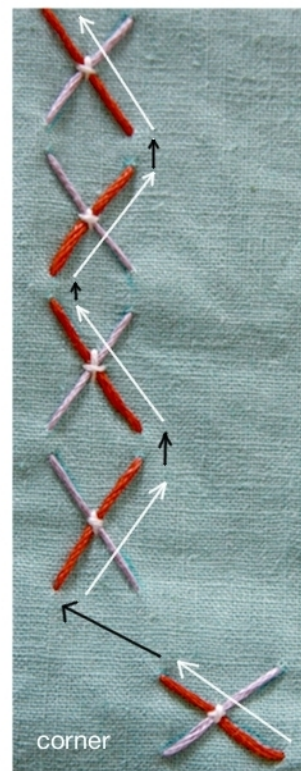
## ----- stitch styles -----



Use one color at a time to create the X motif by first running a single 6-strand along the continuous X's in a zig zag pattern. The arrows in the photo at right shows the stitch direction of the rust colored thread. The white arrows show the visible stitch pattern and the black arrows show the underneath stitches.

Repeat using the second color, going in the opposite side of the X's.

Then couch stitch the X's down at their centers using 3-strands of a third color in a cross stitch style.



copyright 2011 anna maria horner

visit [annamariahorner.com](http://annamariahorner.com) for more inspiration

\*this free pattern may be used for individual, personal purposes and may not be used in the creation of goods for sale in any quantity